



**BUILDING
WELLNESS**
Taranaki W'akamaiaangi

WELLBEING BREAKFAST SESSION:

Stress and the Client/builder relationship.

01 November 2021

07:30am arrival with breakfast served (bacon & egg sandwiches and coffee).

Venue – New Plymouth Club

Ticket cost - \$25 per person

For more details and to book tickets check out the Building Wellness Taranaki website at:

www.buildingwellness.co.nz



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Dr Bryson is a Social Scientist with a PhD in psychology. She has been bringing social science to the construction industry for the past six years, with a focus on the mental health of the workforce. She was the lead researcher on BRANZ's Mental Health in Construction Scoping Study, and Site Safe and BRANZ's Suicide in Construction research. Kate also led the first evaluation of MATES in Construction New Zealand. More recently Kate completed research into the mental health impacts of the builder-client relationship, which she will present at the Building Wellness breakfast.