

## ENGAGE Session

### Leading Wellbeing: Mindset and practices

*Dr Hillary Bennett will be presenting around how our leaders/managers influence the culture of psychological safety in their teams supporting people to thrive at work*

Monday 6<sup>th</sup> March 2023

Breakfast 7:00 am - 7.30am

Session 7:30 am to 9:30am

Novotel Hotel  
Cnr Hobson & Leach St  
New Plymouth 4312

Non member -\$25.00 pp

Members -\$15.00 pp

#### Speaker: Dr Hillary Bennett

Hillary is a registered Psychologist. She has a PhD in Organisational Psychology. She has taught at a graduate and post graduate level, at universities in South Africa, Canada, and New Zealand. She consults to private, government and non-government organisations, across many sectors. She is a Director of Leading Safety, a consultancy specialising in the leadership of safety and wellbeing and the assessment and development of safety and wellbeing culture. She developed the Business' Leaders Health and Safety Forum's wellbeing guides: CEO Guide to Mental Health and Wellbeing at Work and Protecting Mental Wellbeing at Work

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*Please register your company name and attendees*

*Purchase your tickets for this event*

<https://www.eventbrite.co.nz/e/leading-wellbeing-mindset-and-practices-tickets-526121251827>

or link through our website

[www.besafe.nz](http://www.besafe.nz)

Early registration and payment is encouraged as we have previously had to cut off registrations due to exceeding the numbers which we have been able to cater for.