

Safety Holiday Lead Up 2024



Elf and Safety Advent Calendar

Remember to stay focused for the last few weeks of work!

This year it's something a bit different for the safety messaging

There is one message for the four weeks leading up to the holidays.

Make sure you are in Presentation Mode  and select the image for the week.

When you are finished with the message slide click the home icon to return to the main page!



Message 1



Message 2



Message 3



Message 4

Eat, Drink & be Wary

Injuries and near misses increase, both at work and in our personal lives, through the holiday period

Why?

More risks to manage;

- stress
- celebrations
- fatigue
- reduced personnel
- driving
- temptation to take short cuts
- distractions
- 3rd party behaviour



Stay focused on controlling task risks



Keep your cool & carry on

Always stop and reassess if something isn't right or there's a change

- Keep your eyes, and your mind, on the task
- Always think “What could go wrong?”
- Understand your key risks & their controls
- Know what part of the job requires full focus
- Always avoid shortcuts
- Slow down



Look after yourself

Create good habits

- get enough sleep
- stay hydrated
- get exercise
- eat well
- appropriate alcohol intake

Don't fall for a false sense of security

- know where the next hazard is coming from
- always control the risk

Stress less

- keep within your spending budget
- don't over commit to friends and family
- simplify social occasions



Nothing is so important that we take shortcuts to get it done by Christmas



Look after the team

- Ask for help if you need it
- Help each other when you see a need
- Focus on safe completion of tasks, not fast completion
- Stop the job if needed
- Get the whole team to the Christmas break uninjured



Be prepared, think about the hazards and slow down.

